

Located in Omsk, Russia, [Omsk State Medical University](#) (OSMU) offers an exciting array of extracurricular activities and student organizations. The Department of Extra-Curricular and Social Activities oversees the various extra-curricular activities at OSMU. There are various activities that students can participate in to further their interests, acquire new skills, and connect with the university community outside of their academic endeavors. Here is a brief overview of what you can expect at OSMU:

Student Government and Leadership

Omsk State Medical University strongly encourages students to actively engage in leadership and governance activities by joining the Student Council. The Student Council is responsible for representing the student body and plays a crucial role in organizing events, addressing student concerns, and maintaining effective communication with university administration. Being involved in the Student Council provides a chance to develop strong leadership skills and contribute to enhancing campus life.

Academic and Professional Development Societies

Omsk State Medical University offers a platform for students to develop their academic and professional skills through a wide range of societies and clubs. Scientific Societies promote and support student involvement in research, conference attendance, and the presentation of their findings. Participation is instrumental in fostering the development of critical thinking and research skills among students. The university provides debating clubs and public speaking workshops for students interested in enhancing their communication skills. Medical clubs offer students valuable opportunities to explore various specialties, including surgery, pediatrics, and cardiology. Through workshops, guest lectures, and practical sessions, students gain insights into these fields.

Sports and Physical Activities

Physical fitness and sports are highly valued at [Omsk State Medical University](#). There are a variety of sports clubs and teams available for students to join at the university.

OSMU provides training in martial arts and boxing for individuals interested in self-defense and combat sports. The university provides basketball and volleyball teams for both men and women. These teams actively engage in inter-university and regional competitions. OSMU boasts a highly regarded football team that consistently participates in both local and regional tournaments. Students have the opportunity to engage in regular training sessions and matches. Students have the option to join fitness clubs that offer a variety of activities, such as gym workouts, aerobics, and yoga classes.

Cultural and Artistic Activities

Omsk State Medical University offers a wide range of cultural and artistic outlets for students who have a strong interest in the arts. The university offers dance clubs for students who have a passion for dancing. These clubs provide training in a variety of dance styles, including contemporary, folk, and classical dance. The university offers a theater club for students to discover and develop their acting abilities. This club frequently puts on plays and performances that are accessible to the university community. OSMU offers a student choir and music clubs for students to practice and showcase their talents. These groups frequently showcase their talents at various university events and local cultural festivals.

Engaging in volunteering and community service

Omsk State Medical University places great importance on community service as a vital part of student life. The university offers a range of volunteering initiatives that allow students to make a positive impact on society. OSMU students frequently participate in social service projects, such as visiting orphanages and elderly care homes and providing assistance to underprivileged communities. Medical students have the opportunity to get involved in various community initiatives, such as health camps, blood donation drives, and public health awareness programs. These experiences not only provide valuable hands-on experience but also allow students to make a positive impact on the community.

Wrap Up!

Overall, **Omsk State Medical University** provides a comprehensive student life with a wide range of extracurricular activities and organizations. If you have a passion for sports, the arts, leadership, volunteering, or academic enrichment, OSMU offers a wide range of opportunities for you to explore, develop, and make the most of your time as a student.